

Set Your Mind: A Guide to Philippians 4:8

The Instruction: Think On These Things

“Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.”

Philippians 4:8 KJV



A Conscious Choice for Your Mind

Like setting an alarm, we are guided on what is worthwhile to ponder.

The Outcome: Peace & Strength

The Peace of God Will Keep Your Heart & Mind

This is the result of rejoicing, prayer, and setting your mind correctly (Phil. 4:7).



This Verse is a "Bookmark"

It connects the preceding call for prayer with the following promise of strength.

You Can Find Contentment & Strength in All Circumstances

The result is knowing, "I can do all things through Christ which strengtheneth me" (Phil. 4:15).

Your Mental Filter



Focus your thoughts on things that are: True, Honest, Just, Pure, Lovely, Of Good Report, Virtuous, Praiseworthy.

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NotebookLM

Set Your Mind

Note for 20251129 – Phil 4:8

1. Opening

Welcome to the Devotionals of The House of Bread. In the Word we read that we are to receive the Word of GOD by the Spirit, so I strongly urge you to pray before you receive the Devotional. Let Christ take the lead in your Spiritual Development.

Watch on YouTube at: <https://youtu.be/L1U83DdEQgg>

Introduction

Of late, I have been following the Verse of the Day closely. It is interesting to see what is held forward, and then also that which surrounds the Verse. The Verse of the Day today is about that which is good to think about, and from that the title of today's note, "Set Your Mind."

2. Scripture Text

From the Verse of the Day:

Philippians 4:8 KJV

“[8] Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.”

<https://bible.com/bible/1/php.4.8.KJV>

3. Devotional Reflection

I wonder how many will remember how, before this modern era of digital technology, we would have to set our watches to the correct time. I suppose there is some resemblance in it to set your alarm for the time to get up. Like setting a clock or alarm, Paul guides here what is worthwhile to ponder on. In the lack of mention by him, so much that occupies the modern mind. Is it worthwhile to consider things that are not good, and even that bring some controversy. What is Good? And furthermore, according to Who is that good and virtuous?

Once more, we must remember that this verse is written between other verses, and Paul takes an interesting direction in thought after this, heading to a verse that is more famous than our Verse of the Day. Almost as if to show us what is good to consider, he writes this:

Philippians 4:9-13 KJV

“[9] Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you. [10] But I rejoiced in the Lord greatly, that now at the last your care of me hath flourished again; wherein ye were also careful, but ye lacked opportunity. [11] Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content. [12] I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. [13] I can do all things through Christ which strengtheneth me.”

<https://bible.com/bible/1/php.4.9-13.KJV>

Now, the focus remains on the Verse of the Day, but consider what Paul gives here, to be content in whatever state you find yourselves in, knowing that you can do all things in Christ that strengthens you. Yes, in both good and bad times, to put it simply. He sets himself as the example, as he lives a life suffering for the Gospel and the Name of Jesus Christ. We have these key verses we receive so often day by day (if we can receive it.)

There is a single word in the Verse of the Day that can help us to understand, shall we say, to "Set our Minds" on something worthwhile to consider. The word is the first one in the verse, "finally." It indicates that something was said before it and I bring you some of it here, and it is profound if you consider it deeply:

Philippians 4:4-7 KJV

"[4] Rejoice in the Lord always: and again I say, Rejoice. [5] Let your moderation be known unto all men. The Lord is at hand. [6] Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. [7] And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus."

<https://bible.com/bible/1/php.4.4-7.KJV>

Verse 7 starts with "And the peace of GOD..." which indicates the result of that which is written before it. But, to receive it all, you will have to "set your mind" on it. Yes, you must think about it, ponder on it, consider it deeply. You see, if I tell you it all, it is just some guys that said something, fleeting from our minds. Or some guy wrote some things, but have we made it our own?

You see, I am still "advocating" for the Verse of the Day, I am not teaching the verses surrounding that, I am merely pointing out that there is "more good" to receive if we should permit ourselves to dwell on the Word of GOD. You know, to have those "Selah" moments on it. **Philippians 4:4** is just as famous.

There is yet more here in the Verse of the Day, but with that, you must expand your thinking a little. You see, this chapter is also the last in this letter to them... Do you see it? Paul is saying

this in conclusion of the letter, which means if you really want to know what he wrote to them about (and it is a letter, do you divide your letters into chapters and verses?) There is more...

The message, today, is reflected in the Verse of the Day; it is about what it is worthwhile to set your mind on. Think of it like this (for understanding): If I just gave you one line in a movie, can you truly say you know the movie?

Friends, bring the Word of GOD into your mind, consider it, think on it, ponder on it. Then it will become part of you, it will find its way into your heart, because you will find the virtue in it by yourself. Praying, you will discover more-and-more, and it will enrich your soul.

Our Verse of the Day is more like a bookmark. The Verse itself points to that which comes before it and it leads to this, *"I can do all things through Christ which strengtheneth me."* Then you will know: *"And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus."* Because you brought the Word of GOD into your hearts and minds. Then you will be reminded (because you have brought it in) that Jesus Christ is the Word of GOD made flesh. (**John 1:14**)

4. Closing Paragraph

So, what have you learned from the Word today, besides just to think on it? Because you were given quite a bit more than what is obvious.

Selah (I love this word, because it is a one-word summary of the verse of the day, check out its definition. If you don't know yet, you will be surprised, adopted from the Psalms.)

Shalom (That surpasses our understanding, I give these two words every time I write to you)

Selah, Shalom

5. Resources

Playlists:

Over the last few months and years, we have compiled a few playlists on SoundCloud. Feel free to explore it, download it and share with friends and family.

Find playlists at: <https://soundcloud.com/houseofbread4u/sets>

NEW: Download Music



We have added the ability for you to download the music you heard in the devotionals. You can listen to the song before hitting the “Download” button to know it is the right song you wanted. For now, at least, these are free downloads, and my hope is that I can keep it free. Enjoy!

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